



*Diana von Welanetz Wentworth*  
presents the  
**TRAVELINGOURMET.COM**  
N E W S L E T T E R

**Welcome to the inaugural issue  
of my TravelinGourmet.com newsletter!**

Each future issue will contain:

- News of either my latest Romantic Dining or Romantic Travel award along with accompanying recipes
- My best recipe for something so delicious it is sure to become your favorite
- Ideas for creating warmth, caring and connection around your table
- A *Foodie Quiz* to win a copy of one of my books

I am very curious about what you like! Feel free to share your comments, your ideas, your recipes, your recommendations for the most romantic restaurants and travel locales internationally.

*Enjoy!*  
Diana Wentworth

## WITH LOVE FROM MY KITCHEN

### DIANA'S SUGAR PLUM JAM



Every summer I stroll through local farmer's markets seeking out and tasting the plums or pluots (a cross between plums and apricots) until I find the perfect color and flavor to make this divine concoction. Then I buy lots and lots to make many batches of this jam, enough to fill and seal at least 100 of the beautiful 10-ounce *Quattro Stagioni* canning jars available at the Container Store. As the holidays approach, I wrap my jam-filled jars in cellophane and ribbons and give them away as gifts. [Recipe...](#)

[First Time Jam Maker? Click here for hints](#)

## THE FOODIE QUIZ

*Which of the following  
is not a kind of salt?*

Fleur de Sel, Kosher, Hawaiian red,  
Himalayan pink, coarse kechil, Indian  
black, Maine smoked, Piranske soline,  
Tartessos, Mayan green



The winner will be entered  
in a drawing to win a copy of my  
*Chicken Soup for the Soul Cookbook*



## ROMANTIC DINING AWARDS

This era of chef competitions, the high-tech trend of "culinary chemistry," and uppity, uncaring restaurants that rush us out in order to turn their tables, makes us forget what romantic dining is. So, in this premiere issue our first *RomanticDiningAwards.com* award is being announced. It goes to the best example I know of the essence of the caring and connection that comes from sharing food. It involves Performance . . . Art . . . Sensory delight. A shared meal here is a celebration of the aliveness of earth-to-table cooking. You can't help but applaud at the end.

Our first  
**RomanticDiningAwards.com**  
award goes to

*THE HERBFARM*  
Woodinville, Washington



The seventh of nine courses is being served, each one more imaginative than the last, featuring fresh herbs. In comforting Victorian ambiance, our table for two is aglow with candlelight, a bounty of titanium crystal glasses, and a tiny pink Cecil Brunner rose inserted in each folded napkin. Next to us sits a silver frame, a gift, enclosing the words, "Welcome to the Herbfarm Diana and Ted Wentworth." [Read more...](#)



[Recipe for  
HerbFarm Salad](#)

[Submit your answer](#)

[Play "Stump the Chef" for a chance to win another free book](#)

### COMING IN FUTURE ISSUES

- Our first Romantic Travel Award to a destination in Napa Valley
- The Sophisticated Palate Program at the Culinary Institute of Art in St. Helena
- The best fudge in the universe!

Stay tuned for Diana's latest cooking cruise.



**Diana von Welanetz Wentworth** has extensive credentials as the author of seven award-winning cookbooks including *Chicken Soup for the Soul Cookbook* which has sold nearly one million copies. Known for her down-home elegance, Diana hosted her own long-running daily television series, *The New Way Gourmet* broadcast internationally on the **Lifetime Network** to millions of viewers.

She lectures internationally on all aspects of food and is a respected travel writer for various magazines including **United Airlines** in-flight magazine, *Hemispheres* and *Grand Tour*, an upscale lifestyle magazine. Diana is a member of the **International Food, Wine, and Travel Writers Association** and is honored to be a Professional Member of **La Chaîne des Rôtisseurs** and **Les Dames D'Escoffier International**.

Diana founded **RomanticDiningAwards.com** & **RomanticTravelAwards.com** to highlight the best in romantic restaurants & locales.

Be sure to visit Diana's websites at [www.TravelinGourmet.com](http://www.TravelinGourmet.com) & [www.DianaWentworth.com](http://www.DianaWentworth.com)