

# Diana von Welanetz Wentworth

Award Winning Speaker    New York Times Best-Selling Author



*“Diana is the Queen of Hearts; she’s the woman you most want to encourage your audiences. A master of making things happen, Diana’s a catalytic connector of great people and life-enhancing projects. With her ability to positively impact everyone and every idea that comes her way, she’s created a lasting, heart-centered legacy! I think the world of her!”*

~ Mark Victor Hansen

## **SPEAKER ON A WHOLEHEARTED APPROACH TO WOMEN’S HEART HEALTH**

As a national speaker on the many facets of heart health, Diana von Welanetz Wentworth brings her warmth, her bred-in-the-bone elegance, and a lighthearted presence to every event. Her deep personal understanding of the interconnectedness of our physical and spiritual hearts gives her the authenticity and authority to win audiences and to inspire them to take the next step into a heart-filled lifestyle.

Diana’s passion for nurturing women’s hearts arose from her own surprising heart attack. Her subsequent study of the heart’s well-being revealed an inextricable connection—a symbolic red thread—between our bodies’ heart health and our care of the emotional, spiritual heart within. Drawing from the recommendations of the **American Heart Association**, Diana developed a unique, fun, holistic program of heart-health care that is the topic of her new book: *Love Your Heart: Follow the Red Thread to a Heart-Centered Life*. With the message and practices from *Love Your Heart*, Diana dynamically encourages audience members to join her in living life as a joyous “work of heart”.

## **PRESENTATION EXPERIENCE**

Diana brings her heart-centered message to large and small organizations, groups, conferences, and health and fundraising events. Recent engagements have included: Opening speaker on **Princess Cruises 2014 “Cruise for a Cause”** that raised \$850,000 for the **American Heart Association** and speaker at the **California Women’s Conference**. Diana especially loves to speak to smaller groups at club and charity meetings. Don’t hesitate to invite her!

Prior to her advocacy for a integrative approach to women’s health, Diana had long been behind the podium and in the public eye. From decades at the pinnacle of the culinary and hospitality world (cookbook of the year award!), then as founder of **The Inside Edge** (InsideEdge.org), a weekly breakfast forum for creative businesspeople, she has hosted countless meetings and conferences, and has spoken at such events as: **Les Dame D’Escoffier International Conference**, **Unity World Conference** and for **Crystal Cruises** and **Holland American Cruise Lines**.

Diana also hosted, with her late husband Paul von Welanetz, the long-running television series, **The New Way Gourmet**.

## **PUBLICATIONS**

In addition to *Love Your Heart*, Diana is the author of ten award-winning books and the coauthor of two *Chicken Soup for the Soul* titles. **The Lifetime Network** purchased the rights to her romantic memoir, *Send Me Someone*.

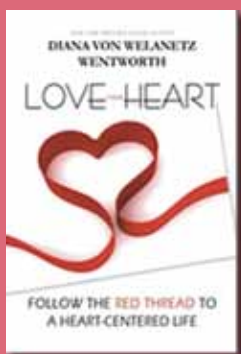
## **CONTACT**

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Call 949-887-7060 or visit [www.DianaWentworth.com](http://www.DianaWentworth.com).

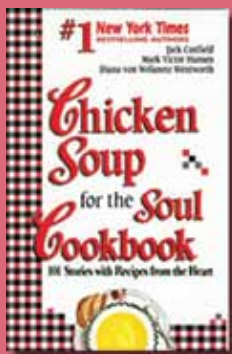
## **MAILING ADDRESS:**

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Diana’s Latest Book:  
*Love Your Heart:*



New York Time’s best-seller  
*Chicken Soup for the Soul*  
Cookbook



Diana’s memoir *Send Me Someone*  
movie rights sold to Lifetime TV:

